

## Lighthouse Team At A Glance

Hello Parents and Guardians,

This month's "Leader in Me" focus is on Habit #2 Begin with the end in mind.

Many times our days are filled with all sorts of occurrences that seem to prevent us from reaching our goals.

Beginning with the end in mind gives our days a direction and a plan to accomplish our goals. This month we are encouraging our students to set goals and make plans on reaching them.

We will assist students in identifying what will help them reach their goal (referred to as a "big rock") and what might be interfering with them achieving their goal (referred to as "little rocks").

We may only have 24 hours in a day, but when tasks are divided up into big and little, and when we have a clear plan, we can make the time to achieve our goals.

Sincerely,

PBA Lighthouse Team

More "Leader in Me" information can be found on our website...

[www.PalmBayAcademy.org](http://www.PalmBayAcademy.org)

## Editor

Hello!

I'm Donna Moore, the editor of the Charter Chatter. We want to know what you think! If you have something you'd like to submit, write us a note. The content will be approved by the school. We do reserve the right to edit your material for appropriate content and to fit the space available.

- 10/04 Friday Early Release Day
- 10/08 Tuesday Tea @ Traditional
- 10/10 Panther Parent Leader (PPL) Mtg @ Traditional, 6-7:30 pm
- 10/11 Friday Early Release Day
- 10/11 First 9 Weeks Ends
- 10/14 Student Holiday – Tchr Work Day
- 10/17 Family Book Club @ Trad, 3-4 pm
- 10/18 Friday Early Release Day
- 10/22 Elem Conferences, 6-8 pm (make appt with front office)
- 10/25 NUT Day (All Campuses), fee \$2
- 10/26 Friday Early Release Day
- 10/30 Elem Dress Like A Pirate Day
- 10/30 Readers of the Caribbean @ Trad, 5:30-7:30 pm

### UPCOMING

- 11/07 Field Day for K-2
- 11/08 Field Day for 3-5
- 11/12 Veterans Day – Holiday For All

## PBA Leadership

### Administration

- ◆ Madhu Longani – Dir. & Principal, Elem
- ◆ Marilyn Kinsel – Dir. of Operations
- ◆ Daniel Scott – ESE
- ◆ Vanessa Maiorino – ESE, Middle
- ◆ Michelle Allred – Title I
- ◆ Janet Esteves – ESOL
- ◆ Nina Orellana –MTSS

### Board of Directors

- ◆ Martha Wolf – President
- ◆ Allison Cunningham – Parent Liaison
- ◆ Cynthia Harris – Board Member
- ◆ Brendan Purcell – Board Member
- ◆ Margaret Wilson – Board Member

Every 3rd Monday (no mtgs Dec or Jun)

### Questions?

- ◆ Busing – Amanda Thibaudeau
- ◆ Curriculum – Marilyn Kinsel
- ◆ Student Reading Assist – Ms. Gilchrist
- ◆ Events – Front Desk
- ◆ Field Trips – Your student's teacher

### Mission

Palm Bay Academy makes the choice to forge leaders every day within ourselves and our students, standing together as the lighthouse of the community.

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### Reminders

- Please do not use cell phones in the car loop.
- Fridays are early release days! The front office is closed at 12:45. The latest you can pick up early is 12:45.
- Elem conference date is Oct 21<sup>st</sup>. Appointments will be made through the front office.



# October

Leader in Me

## First Things First

### Reminders

- ◆ Elementary campuses begin school at 7:30 am. Your student is tardy at 7:40 am.
- ◆ The front lobby is closed for dismissal 2 – 3 pm (12:45 – 1:45 on Fridays). Students **can not** be checked out during that time. Please plan accordingly.
- ◆ PBA students' uniform is a gray polo with the PBA logo and navy blue uniform pants, shorts, or skorts. Polo shirts are to be tucked in. Jeans of any type or color are not allowed. Patterned/striped tights/socks are not allowed. Shoes must be plain, non-slip soled and enclose the foot and be securely fastened. Outerwear must be plain gray or navy blue.
- ◆ The first Elementary Conferences are Tuesday evening, 10-22-19 between 6 and 8 pm. The front office will begin taking appointments mid-October. Conferences are limited to 15 minutes, please be courteous, arrive on time.

### Student Medical Information

If your child must take prescription or over the counter medication for temporary or chronic illness or allergies (this includes inhalers, Motrin, Tylenol, and cough drops) please stop by the front desk to fill out the required health forms and we will put the medicine under lock in the clinic. These forms must be filled out every year. Students are not allowed to carry medication on their persons or in their backpacks. If students are found with prescription or over the counter medications, they will be taken from them and held at the front desk for parent pick up. For additional information related to prescription or over the counter medication, please refer to the PBA Student Code of Conduct available on our website, [www.PalmBayAcademy.org](http://www.PalmBayAcademy.org) under the "Student" tab.

## Focus Article

### So I Have The End In Mind – How Do I Get There?

Stephen Covey states, "All things are created twice. There is a mental (first) creation, and a physical (second) creation. The physical creation follows the mental, just as a building follows a blueprint. It's important to have a clear vision of your desired outcome, but sometimes getting there is a challenge.

How can we make sure we reach our goal? Here are a few suggestions...

1. Divide the journey to reach your goal into several steps, don't try to do it all at once.

Sometimes our goals seem large and unattainable. Beginning with the end in mind doesn't mean we have to attain the goal all at once. It means keeping the desired end result in view while creating a path to get there. And what are paths made up of? Stepping stones. When you are creating a path to a goal there are always stopping places along the way, little accomplishment spots in between phases of activity. While you picture and work on the path towards your goal remember to build in steps, then set deadlines for those little steps ... and celebrate the small accomplishments along the way to your goal.

2. Set yourself up for success.

Of course the best way to get to your goal is to actually get started. Sometimes that seems just as hard as getting to your goal. Here are a few ways to beat procrastination.

- Take the first smallest step and finish it within your deadline
- Figure out what the positive outcome will be from completing that small step, put it on a post it and then celebrate it when you finish the first small step. Then do it for the 2<sup>nd</sup> and the 3<sup>rd</sup>.

- Use your phone as a time not a distraction.
  - Remember to be kind and forgiving to yourself along the way (like you would for a friend)
3. Don't be afraid to stop while you are ahead.

When the end of your productive day comes, make it the end of the day. Don't push through just to get a little further (that's a good way to burn out fast). Then before you end work for the day, identify any open tasks or questions related to your small step. Write on a post it the very next thing you need to do so you see it first thing the next morning. This helps keep you from being derailed first thing in the morning.

4. Visualize your goal often and be aware if your actions are moving you towards that goal or away from it. Take decisive action.

When we visualize our goals we keep them uppermost in our mind. With our goal uppermost in our mind, we see opportunity and opening doors readily because we are looking for ways to assist us in reaching our goal. Then, once we see the next opportunity towards our goal, we need to act on it. Opportunity can come again, but why wait?

5. Failure is not to be feared.

Just because you try a particular stepping stone to reach your goal but it doesn't work out doesn't mean you have Failed. It means you have eliminated an option and now can choose another.

And remember to be kind and forgiving to yourself. You wouldn't encourage and mentor a friend in a discouraging manner. So be sure to use the same encouraging words for yourself that you would for a friend.

## Notification

### Out of Field Notification

Palm Bay Academy strives to provide our classrooms with highly qualified teachers. The following teachers are highly qualified and/or out of field to work in the classrooms and are working towards their qualifying status for ESOL or subject requirement.

#### **Elementary School – ESOL**

*Adrienne Allen – In Progress*  
*Michelle Allred – In Progress*  
*Ninoshka Ayuso – In Progress*  
*Roxanna Herrera – In Progress*  
*Botavia Jackson – In Progress*  
*Laura Marshall – In Progress*  
*Mary Ann Paczkowski – In Progress*  
*Jesseca Pompilius – In Progress*  
*Sulai Roman – In Progress*  
*Jeanette Valentin – In Progress*  
*Kim Walsh – In Progress*

#### **Elementary School – Other**

*Ninoshka Ayuso – Elem Ed*  
*Botavia Jackson – Elem Ed*

#### **Middle School – ESOL**

*Krystal Greene – In Progress*  
*Vanessa Powers – In Progress*  
*Henry Rockhill – In Progress*  
*Deborah Russ – In Progress*

#### **Middle School – Other**

*Krystal Greene – Mathematics*  
*Deborah Russ – Social Science 6-12*

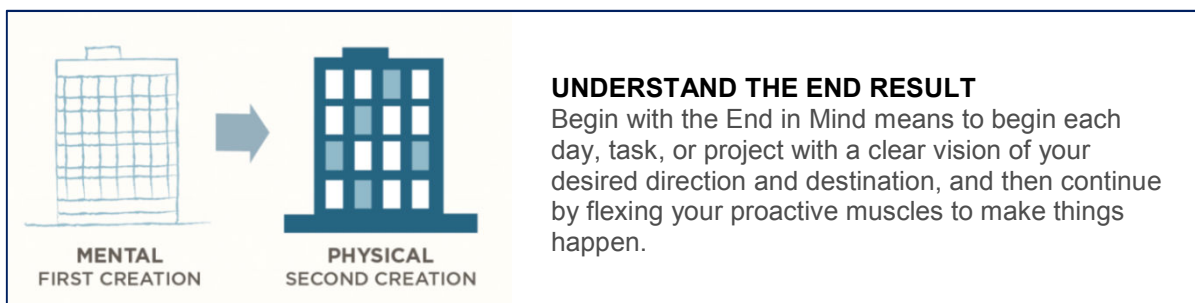
## Habit 2: Begin With the End in Mind (Have a Plan) / Franklin Covey

**Focus time and energy on things that can be controlled.** So, what do you want to be when you grow up? That question may appear a little trite, but think about it for a moment. Are you--right now--who you want to be, what you dreamed you'd be, doing what you always wanted to do? Be honest. Sometimes people find themselves achieving victories that are empty--successes that have come at the expense of things that were far more valuable to them. If your ladder is not leaning against the right wall, every step you take gets you to the wrong place faster.

"People are working harder than ever, but because they lack clarity and vision, they aren't getting very far. They, in essence, are pushing a rope with all of their might."

**DR. STEPHEN R. COVEY**

Habit 2 is based on imagination--the ability to envision in your mind what you cannot at present see with your eyes. It is based on the principle that all things are created twice. There is a mental (first) creation, and a physical (second) creation. The physical creation follows the mental, just as a building follows a blueprint. If you don't make a conscious effort to visualize who you are and what you want in life, then you empower other people and circumstances to shape you and your life by default. It's about connecting again with your own uniqueness and then defining the personal, moral, and ethical guidelines within which you can most happily express and fulfill yourself.



One of the best ways to incorporate Habit 2 into your life is to develop a [Personal Mission Statement](#). It focuses on what you want to be and do. It is your plan for success. It reaffirms who you are, puts your goals in focus, and moves your ideas into the real world. Your mission statement makes you the leader of your own life. You create your own destiny and secure the future you envision.

## Recognition

### Sunshine Recognition – Students Exemplifying Leadership Principles

The following students were selected as being the best in their classrooms at exemplifying these leadership principles:

Proactive, Aug 12-16

Meleia Jones  
Ravi Boodram  
Torian Filer  
Charlie Delarue  
Ali Sevinc  
Jazlyn Thomas-Renz  
Jonathon Jordan  
LaShawn Williams  
Timothy Calloway

Responsibility, Aug 12-16

Hailee Strawley  
Tanush Dolamulla  
Aiyana Vilsaint  
Aaniyah Duren  
Bonnie Long  
Julia Jhingree  
Talen Cole-Powell  
Nathaniel Strawley  
Destini Nonon

Proactive, Aug 19-23

Ava Slater  
Ivianna Vicente  
Kayvion Sharp  
Korbin Doogue  
Brianna Lejuste  
Ta'Liah Hicks  
Madisyn Pushkar  
Noah Rezendes  
Nevaeh Lockhart

Respectful, Aug 19-23

Baylee Gonzalez  
Emma Criswell  
Mikayla Williamson  
Landon Loyd  
Jordan Ramey  
Jourdain Williams  
Riley Stephens  
Vega Johansen  
William Clowers

## Sunshine Recognition cont.

### Proactive, Aug 12-16

continued...  
La'Taveus Brown  
Kyra Macon  
Lyric Cole

### Responsibility, Aug 12-16

continued...  
Alyssa Lavender  
Sebastian Vasquez  
Jordan Humphrey

### Proactive, Aug 19-23

continued...  
Alyssa Lavender  
Kamari Johnson  
Angel Vyhonsky

### Respectful, Aug 19-23

continued...  
Ayanna Mullings  
Annie Wu  
Olnicha Vilsaint

### Proactive, Aug 26-30

Meleia Jones  
Aiden Wilson  
Bryanna Moseau  
Za'Kari Lockhart  
Ellie Couch  
Sydney Melson  
Anya Mancine  
Tamia Macon  
Santoya Jean  
LaShawn Small  
Tyler Gadson  
Shamel Jones  
Aaliyah Abrams

### Trustworthy, Aug 26-30

Kobe Lakes  
Ivianna Vicente  
Layloni Newsome  
Iliyanis Cotto  
Karson Stewart-Harris  
Elizabeth (Lizzy) Bruder  
Jordan Ramey  
Shamyra Walker  
Baylie Tucker  
Nick Kreheley  
Mizani Newsome

### Proactive, Sep 9-13

Emma Criswell  
Bailey Gonzalez  
Keily Cruz  
Eleanor Couch  
Sydney Melson  
Malaia Price  
Antonio Craig  
Adyra Conley  
Omari Taylor  
Sebastian Calhoun  
Sebastian Burns  
Lyric Cole

### Most Fair, Sep 9-13

Avery Rezendez  
Sariah Nance  
Kay'vion Sharp  
Simon Viana  
Brandon Culbertson  
Elani Newsome  
Jonathan Jordan  
Tatyanna Hicks  
Baylie Tucker  
Danyel Bivins  
Nina Tirado Mirraro  
Pamizki Perry

### Proactive, Sep 16-20

Ava Slater  
Analeah Lopez  
Ivianna Vicente  
Christopher Rivera  
Skyler Williams  
Derrick Turner  
Zahara Zorzy  
Tatyanna Hicks  
William Clowers  
Aryanna Mullings  
Anthony Lavendar  
Lyric Cole

### Most Caring, Sep 16-20

Cobe Lakes  
Bensley Chapron  
Baylee Gonzalez  
Simon Vivianna  
Ankajay Jean  
Zariah Hernandez-Rivera  
Jazmine Joseph  
Eli Fowler  
Paige Henning  
Chrissy Gowins  
Ariana Santiago  
Isabel Lopez

### Most Proactive,

Lyric Cole

### Most Caring

Simon Vianna

## Social Media & Apps

Make sure to follow us on our social channel...

On Facebook

@PalmBayAcademy

Link <https://www.facebook.com/PalmBayAcademy/>.

On Instagram

search for @palmbay.academy



A suspicious activity reporting tool that allows you to instantly relay information to appropriate law enforcement agencies and school officials.



Anonymously report any threatening behavior or situation that endangers you, your friends, family, community or your school campus.