

Habit # 5: Seek 1st to Understand

Seek First to Understand, Then to Be

Understood means that it is better to listen first and talk second. By taking the time to listen to another person, you reach a higher level of communication. Teaching Habit 5 to young children is done by first considering their age and development. Young children find it difficult to understand another's paradigm (point of view). This habit is best approached by introducing listening as a skill that should be practiced. Learning to listen without interrupting and learning to listen with your ears, your eyes, and your heart will help children build a foundation for Habit 5. Simply put, we have two ears and one mouth so that we can spend more time listening with the intent to understand.

Listen before you talk!

I listen to other people's ideas and feelings. I try to see things from their viewpoints. I listen to others without interrupting. I am confident in voicing my ideas. I look people in the eyes when talking.



Dec 2nd & Jan 6th are **NOT** Early Release Days

December Events

Paw Law #5 – Listen carefully before you roar...

- ▷ Thu, Dec 1 – Count Down to Math Night, 6:00 to 7:30 pm.
- ▷ Thu, Dec 8 – Parent Panther Leader (PPL) Meeting, Meet with Mrs. Allred to learn more about the 7 habits! Help us find the leader in each and every one of our students. 6 – 7 pm.
- ▷ Mon, Dec 19, Tue, Dec 20, & Wed, Dec 21– Exam Early Release Days (1:15 pm).
- ▷ Thu, Dec 22 – Holiday break begins. Have fun everyone!
- ▷ Thu, Jan 5 – Students return to school.

NOTE: Watch your teacher's webpages for additional information concerning classroom parties and activities!

Important

Michelle Allred
Asst Principal

mallred@palmbayacademy.org
321-984-2710

More Information

For information on these or other PBA programs/ initiatives, please contact Michelle Allred. All of this information is also available on our school website: www.palmbayacademy.org and in the Front Office.

School Office Hours

Closed during dismissal times for security reasons.

OFFICE OPEN:
Elem Office Hours 7:00 – 3:30
OFFICE CLOSED:
Elem Dismissal M – Th: 2:00 – 3:00
Elem Dismissal F: 12:45 – 1:45
Early Release Exam Days: 12:45 – 1:45

Parent Family Engagement Plan

The Parent Family Engagement Plan (PFEP) can be found on the PBA website at: <https://www.palmbayacademy.org/Page/36>
If you would like a paper copy or need this document to be translated, you may ask the front desk for assistance.

El Plan de Participación de Padres y Familias (PFEP) se puede encontrar en el sitio web de PBA en: <https://www.palmbayacademy.org/Page/36>
Si desea una copia en papel o necesita que se traduzca este documento, puede solicitar ayuda en la recepción.